## A REPORT ON

**TITLE:** "Lectures on Adult psychology, dispute management and mass control, how to deal female relate issue PVR record"

Nature of event: Awareness program

**Date & Duration:** 25<sup>th</sup> aug 2022

Organized By: J.S. University, English deptt

**Organized At:** Seminar hall 1

## **Objective:**

Adult psychology is the study of psychological changes and development that occur from the end of adolescence until the end of a person's life. Some psychological conditions that can affect adults include:

Posttraumatic stress disorder (PTSD)

A complex condition that can affect both adults and children, but the symptoms in children may differ from adults

Emotional dysregulation (ED)

A transdiagnostic domain that can be associated with multiple psychiatric diagnoses from childhood to adulthood

Chronic pain

A controversial psychological condition that can be influenced by psychological factors like stress

Some other psychological concepts include:

Behavioral theory

Focuses on a person's behaviors rather than their feelings, and suggests that behaviors are conditioned by stimuli in an environment

Cognitive development

How humans acquire, organize, and use knowledge. Cognitive development continues through adolescence and adulthood

Cognitive behavioral therapy

An advanced form of behavior therapy that helps people understand their inner thoughts and perceptions to make sense of their behavior patterns

Faculty coordinator

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